

P P SAVANI UNIVERSITY

Third Semester of B.Sc. Nursing Examination
March-2020

SEPD3040 Integrated Personality Development Course-I

17.03.2020, Tuesday.

Time: 9:00 A.M. to 11:30 A.M.

Maximum Marks: 60

Instructions:

1. The question paper comprises of two sections.
2. Section I and II must be attempted in separate answer sheets.
3. Make suitable assumptions and draw neat figures wherever required.

SECTION - I

Q-1 Answer the following question selecting the most appropriate option given below it. [05]

- (i) Roseto's Root Country is.....?
- | | |
|-----------|-----------|
| (A) USA | (B) India |
| (C) Japan | (D) Italy |
- (ii) Which type of person puts an everlasting imprint on this earth during their life span?
- | | |
|--------------|-------------------|
| (A) Ordinary | (B) Extraordinary |
| (C) Legends | (D) Industrialist |
- (iii) How many times Ratan tata read MOU.
- | | |
|--------|--------|
| (A) 15 | (B) 17 |
| (C) 12 | (D) 10 |
- (iv) Which are the habits that successful people share?
- | | |
|--|-------------------|
| (A) Getting up early | (B) Reading books |
| (C) Priority to exercise and avoiding time-wasters | (D) all of them |
- (v) What if I run at the speed of light? Will I see _____.
- | | |
|------------------|----------------------|
| (A) Light stable | (B) Photon |
| (C) Nutrino star | (D) Ultra sound wave |

Q-2 Write whether the following sentences are TRUE or FALSE. [05]

- (i) Failure closed all the doors of success.
- (ii) According to Ratan Tata, none can destroy a person but his own mind set can.
- (iii) According to George Washington, 99% of the failures come from people who have the habit of making excuses.
- (iv) Warren Buffett says that he develop 'listening relaxing music' as a most crucial habit.
- (v) The life of Devashish got ruided due to his addiction of alcohol, cigarettes and drugs.

Q-3 Fill in the blanks in the following sentences selecting appropriate answer from the bracket. [05]

- (i) One should always try to get out of the circle of _____ for being successful in one's life. (concern, influence, work)
- (ii) Ratan Tata is known to donate _____ of his wealth to different charitable causes. (65-70%, 30-35%, 50-55%)
- (iii) Live everyday as if it were your _____. (Dreams, Last, First)
- (iv) Complete the equation. Hard work + _____ = Success (Prayer, Habit, Strong work)
- (v) Healthy group of friends is important, but don't forget that family is _____. (also important, first , forever)

Q-4 Answer the following sentences into two or three sentences. (Write any three) [06]

- (i) Write the five powerful techniques to make failures insignificant.
- (ii) Explain this thought, "Am I giving my 100%?"
- (iii) Write the Four Quotient.
- (iv) Which four quotients can help you in restructuring yourself?

Q-5 Answer the following sentences into five or six sentences. (Write any three)

[09]

- (i) 'My body is my Vehicle to Achieve my Dreams.'- Explain it.
- (ii) What did Mark Zuckerberg a founder of Facebook want to convey to his staff by saying "Move fast and break things"?
- (iii) "Write, Scratch and Replace", Explain this Activity.
- (iv) "Live everyday as if it were your last day." Explain this statement.

Section- II

Q-1 Write the short notes on the following topic in about 100 words. Each short note contains five marks. (Write any six) [30]

- (i) "The Roseto Effect"- Explain This Research.
- (ii) "21-Day challenge." Explain it.
- (iii) "Failure is the first step to success." Explain this statement.
- (iv) "Don't give the power of approval to others." Explain it.
- (v) Describe the incident of the ICC world cup, 1999 from the life of Sachin Tendulkar. What can we learn from it?
- (vi) "Good habits formed at youth make all the difference." Throw the light on this statement.
- (vii) "A powerful thought can change the world." Explain it.
